

**Eros & Thanatos: Blessed By Your Presence, Graced By
Your Love**

Book Excerpt:

You grieve for those that should not be grieved for.

The wise grieve neither for the living nor the dead.

Never at any time was I not.

Nor thou, nor these princes of men.

Nor will we cease to be hereafter.

For the unreal has no being and the real never ceases to be.

---Bhagavad-Gita

Universal and timeless, indifferent to boundaries of age, gender, class, race, ethnicity and geography, dying and death are life experiences that lie at the core of human existence. All that lives is impermanent and will die. Heads bowed with sorrow and hearts filled with sadness as cherished ties are broken and the chain of love is shattered, the pain of loss and separation seems more than we can bear. However, love of a nature that transcends time and space and faith in knowing that the departed still live on in our hearts and minds can serve to still the troubled waters of our souls.

Louis Silverstein, Ph.D.